

# **Pediatric Dentistry South**

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## **NITROUS OXIDE INFORMATION**

Many children are calm, comfortable, and confident in a pediatric dental office. Because pediatric dentists specialize in treating children, they make children feel special. The office is especially designed for children. Staff members choose to work in a pediatric dental office because they like kids.

Sometimes, however, a child feels anxious during treatment; your child may need more support than a gentle, caring manner to feel comfortable. Nitrous Oxide/Oxygen is a safe, effective technique to calm a child's fear of the dental visit.

- Nitrous Oxide/Oxygen is the mildest form of sedation offered in the dental office. It is a blend of two gasses, Oxygen and Nitrous Oxide. When inhaled, it is absorbed by the body and has a calming effect. Normal breathing eliminates Nitrous Oxide/Oxygen from the body.
- When breathing Nitrous Oxide/Oxygen, your child will smell a sweet, pleasant aroma and experience a sense of well-being and relaxation. If your child is worried by the sights, sounds, or sensations of dental treatment, he or she may respond more positively with the use of Nitrous Oxide/Oxygen.
- Nitrous Oxide/Oxygen is perhaps the safest sedative in dentistry. It is not addictive. It is mild, easily taken, and then quickly eliminated from the body. Your child remains fully conscious and keeps all natural reflexes, when breathing Nitrous Oxide/Oxygen.

### **SPECIAL INSTRUCTIONS**

1. Your child may have a LIGHT meal prior to this appointment. (Occasionally, nausea or vomiting occurs when your child has a full stomach.)
2. Tell your pediatric dentist about any respiratory condition that makes breathing through the nose difficult for your child. It may limit the effectiveness of Nitrous Oxide/Oxygen.
3. Tell your pediatric dentist if your child is taking any medication on the day of the appointment

Pediatric dentists know that all children are not alike! Every service is tailored to your child as an individual. Nitrous Oxide/Oxygen is not effective for some children, especially those who have severe anxiety; nasal congestion, extensive treatment needs, or discomfort wearing a nasal mask. Pediatric dentists have comprehensive specialty training and can offer the sedation methods that are right for your child.

If you have any questions regarding Nitrous Oxide/Oxygen, please contact our office.

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